

GLOBAL EXCHANGE REALITY TOURS

WOMEN BUILDING A NATION South Africa, 6 August – 18 August 2009 *Tentative Itinerary*

Thursday, 6 August

Accommodation in Johannesburg: 6 – 12 August

- 11.00 ORIENTATION
- 13.00 Depart for Constitution Hill
- 13.30 Constitution Hill Tour
- 15.30 Depart for B&Bs
- 18.30 Dinner

Friday, 7 August

- 9.00 Morning in a informal settlement 40 kms from Johannesburg. Meeting with the water and electrification committees, in the crèche and with home-based care workers.
- Lunch: On site
- 15.00 Meeting at of one the oldest organizations addressing violence against women in Soweto
- 16.30 Return to B&B's

 Dinner on your own

Saturday, 8 August

- 9.00 Meeting with South Africa's only organization representing the rights of Black Lesbians
- 10.15 Self-guided tour of The Women's Jail
- 11.00 Meet with a Member of the National Parliament of South Africa on the Foreign Affairs Committee
- 12.30 Lunch
- 14.00 Depart for Pilanesburg Game Reserve in the North West Province

- 16.00 Check in to chalets
18.00 Night Game Drive
21.00 Dinner at the Game Lodge

Sunday, 9 August: SOUTH AFRICAN WOMEN'S DAY

- 10h00 Depart for Johannesburg
12h00 Return to B&B's to freshen up
13h00 *Women in Arts Festival*, Newtown

We will spend the rest of the day in Newtown at the Festival. Several pick-up points will be organized back to the B&Bs

Dinner on your own

Monday, 10 August

- 9.00 Depart for Soweto

Visit various sites of interest including Regina Mundi Church, Issac Morrison High School, Hector Peterson Memorial and Museum, Vilakazi Street, Mandela Home Museum
12.30 Lunch
15.00 Visit an educational enrichment and youth empowerment program working with vulnerable and orphaned young people
16.30 Return to B&Bs
18.00 Dinner
20.00 Theatre at the Market Theatre

Tuesday, 11 August

- 9.00 CHECK-IN MEETING
10.00 Departure for *Apartheid Museum*
10.30 Arrive at the Apartheid Museum in Gold Reef City for the most comprehensive explanation of the development of apartheid and its impact on the peoples of South Africa
12.00 CHOICES

Drive to Sterkfontein Caves in the Cradle of Humankind
OR
Shopping (44 Stanley, Kim Sachs, African Market in Rosebank)
OR
FREE

18.00 Departure B&Bs for Troyeville

18.30 Dinner

Wednesday, 12 August

10.30 Leave for airport

11.40 Departure Johannesburg

13.50 Arrive Cape Town

14.30 Check-in, at B&B

15.30 City Bowl Tour

19.00 Dinner

Accommodation in Cape Town: 12 – 17 August

Thursday, 13 August: WORK DAY

9.00 Drive to Worksite in Khayalitsha

A day spent working in the projects of the homeless women: garden,
crèche, housing site

Lunch

16.00 Table Mountain

19.00 Dinner

Friday, 14 August

9.00 District Six Museum

11.00 A day visiting the Cape Town townships, through the lens of HIV
Visit to a independent School.

Lunch in Khayalitsha

18.30 Dinner on your own (Drop-offs on Kloof Street)

Saturday, 15 August

- 9.00 Meet community health workers and drop in a local primary school
- 13.00 Pick up lunch
- 14.00 ***Institutes for the Healing of Memory***
- 18.30 Dinner with guests

Sunday, 16 August

- 9.00 Robben Island
- 12.30 V&A Waterfront
- 14.00 Visit to a one-stop shop for abused women and children including a secure shelter
- 19.00 Dinner at Ocean Basket

Monday, 17 August

- 9.30 Meeting with a Women's Legal Centre
- 10.00 Departure for Cape Town
- Lunch in Cape Town
- 15.00 *Departure for Seal Watching at Boulder Beach*
- 19.00 Dinner

Tuesday, 18 August TRAVEL DAY

- 9.00 EVALUATION
- 10.30 Final Shopping and airport drop
- OR
- Drive to Cape Point

This is a tentative Itinerary. Global Exchange and Reality Tours are not responsible for any changes that occur to the itinerary